



Dementia Strategy

2017-2018

Review Date: May 2018

What is Dementia

Dementia is a term used to describe the symptoms that occur when the brain is affected by specific disease. There are many types of dementia. Most common are Alzheimer's, Vascular and Lewy Bodies Dementia.

There is currently no cure for dementia, although there are medicines that can slow down the process temporarily, the condition is terminal.

It is important to understand that many people are able to live well with dementia, and lead active and fulfilling lives for a number of years after diagnosis.

While there are many similarities experienced by people living with dementia, no two people will experience dementia in exactly the same way.

Our Vision

Hutton Park is striving to be a home where residents are at the heart of our work. This vision is held up by all our staff throughout our working day/night and the care we provide.

We aim to equip all staff with the necessary skills and knowledge to support all residents living with dementia

We are striving to provide the highest standard of care for our residents. The care that we offer covers all aspects of a resident's life. We are dedicated to working together with each individual resident to empower them to live the life they choose to live.

We have endeavoured and will continue to endeavour to make Hutton Park a home from home.

The Strategy

This strategy is for the residents who live at Hutton Park and our staff who support you and your family

This strategy aims to build on our work within our other care homes and to help us to develop a more consistent approach to supporting residents living with dementia.

The strategy is formulated in conjunction with Standards of Care for Dementia in Scotland.

All residents in Hutton Park Care Home are treated with dignity, respect and compassion. All staff are trained to be patient, understanding and promote independence always. This training is provided using learning resource called Dementia; Improving Practice; Skilled and Informed levels and is being delivered by our local authority North Ayrshire Council Health and Social Care Partnership.

Our care home is designed to offer a safe and welcoming environment for older adults who have a diagnosis of dementia.

As a person living with Dementia:

You have the right to a diagnosis

- On admission to Hutton Park, if a resident has a confirmed diagnosis of Dementia, this should be recorded on their care plan – as supplied by Social Work assessment and pre Admission Assessment.
- If already a resident at Hutton park, care staff would contact the GP/CPN who would liaise with psychiatric/older people's services for a formal diagnosis
- There are many types of Dementia, and it would be the responsibility of the appropriate Health Professional to determine this diagnosis

You have the right to be regarded as a unique individual and to be treated with dignity and respect

- At Hutton Park Care Home, all of our residents have their own room and all rooms have en suite W/C.
- All residents have their clothing and belongings in their rooms in order to create a personalised environment. Families are encouraged to bring home comforts which residents would like to have in their own room
- All residents are offered choice and have their needs acknowledged and addressed, e.g. freedom to choose choice of meal, activities, sitting areas etc.
- Staff treat all residents holistically, all residents have an individual personalised care plan pertaining to their own personal needs and wishes

You have the right to access a range of treatment, care and support

- All the residents have the right to register with their own GP service.
- We also provide a range of services for our residents; podiatry, optician, dentist and hairdresser, although if they wish to use services out with the home this would be facilitated
- Next of Kin is offered the opportunity to escort their relative to appointments, however if they are unable to, our dedicated care staff will escort our residents to hospital appointments, both planned and unplanned, in order to act as an advocate for our residents and to offer them comfort with a familiar face.

You have the right to be as independent as possible and to be included in your community

- The Care Home has a minibus, and we go out most weeks weather permitting.
- We have a dedicated Activity Worker
- We visit places of interest to our residents
- We have links with the local churches who carry out a regular service
- We can take you to your appointments

You have the right to have carers who are well supported and educated about Dementia

- Many of our care staff have undertaken the Dementia Skilled and informed: Improving Practice training
- Many of our staff working in the care home have also undertaken other courses relating to Dementia

You have the right to end of life care which respects your wishes

- All residents have an end of Life Care Plan which incorporates an Anticipatory Care Plan
- All residents and their relatives have the opportunity to be involved and to have their wishes recognised and incorporated within their End of Life Plan
- Our staff are encouraged and supported in expressing their feelings in relation to residents who are coming to the end of their life
- All our carers have training in end of life care

Our Dementia Strategy highlights the motivation and some of the work, which is carried out at Hutton Park Care Home in order to provide a well thought-out environment and care package within the area where the residents living with Dementia reside.

Aims & Objectives for Dementia Care

All residents in Hutton Park Care Home are treated with dignity, respect and compassion. All staff are trained to be patient, understanding and promote independence always. Our care home is designed to offer a safe and welcoming environment for older adults who:

- Have a diagnosis of dementia (please see Dementia Strategy)
- Require greater supervision and prompting to maintain their safety and comfort
- Would benefit from living in an environment which is secure for those who would be at high risk if they were to be outside living alone – due to cognitive impairment and other risk factors.

We aim to have an environment, which feels relaxed and welcoming for the residents and their relatives. This care home can accommodate 37 residents, each resident having their own bedroom, all rooms having en-suite W/C.

The corridors are brightly decorated and airy: daylight bulbs are in place to reduce confusion over shadowed and dark areas. There are rummage boxes throughout the corridors to trigger the memory and areas for sitting at the end of some corridors.

There are various signs to indicate dining, lounge, toilets etc. We have a day of the week planner on display showing planned activities of the day. The daily food menus are also on display and we have picture menus available for residents. We have a variety of a games, equipment for activities, we have wiggle muffs with different textures to touch. Specific items to assist and settle residents living with dementia

Staff are patient and trained in Dementia Care and are keen to provide appropriate activities and attention to each resident's needs.

Meal times are organised to best meet the needs of the residents – there is always a choice of meals, with coloured menus and pictures to help residents choose. There is also finger food available for those who are too busy to sit down for their meals. Our aim is to provide a homely environment allowing residents to make decisions for themselves and choose their way of living their life with a team of dedicated staff there to assist them.